

Health and Safety Directive: Requirements Following Monkeypox (MPV) Exposure, Positive Test, or Suspected Infection

Effective Date: November 1, 2022

A. Requirements:

1. All students residing in University housing (to include University-controlled housing such as the Frequency or other AU contracted housing) are required to comply with the isolation requirements of this Health and Safety Directive at all times.
2. All off-campus/nonresidential students, faculty, staff, contract workers, and visitors are required to abide by and complete the isolation requirements of this Health and Safety Directive as a continuing condition of entering University Property or physically participating in a University activity in the District of Columbia or at other AU-sponsored events held off campus outside of the District of Columbia.
3. Individuals identified in Sections A(1) or A(2) who test positive for Monkeypox or have symptoms of suspected infection of Monkeypox (see Section A(4) below) must:
 - a. Notify the University of their positive test or presumptive diagnosis for Monkeypox through the [Self-Report Form](#) on the AU Forward Portal.
 - b. Wear a high-quality face mask when required by the University's [Monkeypox Isolation Procedures](#).
 - c. Self-isolate by staying home. Students who reside in University housing will be moved to isolation housing and are required to remain there until the conditions for release from isolation are met as described below in Section A(c)(iv). While in isolation, students and staff who reside in University housing are expected to comply with the University's [Monkeypox Isolation Procedures](#). Students, faculty, and staff, living off campus, are expected to self-isolate at home and are restricted from entering campus or participating in-person in University activities until cleared to do so as described below in Section A(c)(iv).
 - i. Individuals who have tested positive or had a presumptive positive diagnosis by a healthcare provider for Monkeypox** must self-isolate until the conditions for release from isolation are met as described in Section A(c)(iv).
 - ii. Individuals identified in Sections A(1) and A(2) with symptoms but have not been confirmed with Monkeypox** ("Symptomatic Individuals") must self-isolate. Symptomatic Individuals must immediately obtain a Monkeypox test at the AU Student Health Center (students only) or from their health care provider (students/faculty/staff). If the Monkeypox test shows negative results, then the self-isolation period may end. If test results are positive or if the health care provider gives a presumptive positive diagnosis of Monkeypox, self-isolation must continue until the conditions for release from isolation are met as described in Section A(c)(iv).

iii. Once students submit the [Self-Report Form](#) to report a positive test result, the Office of the Dean of Students will notify the student's faculty members of their excused absence for a health related matter, but do not disclose diagnosis. Faculty are expected to work with students to provide class materials during their absences. Students may also contact their academic advisor and/or Dean of Students Office for additional support as needed. Students with on-campus employment must notify Employee Relations in the Office of Human Resources. Once a faculty/staff member submits a [Self-Report Form](#), staff from AU's Employee Relations or the Office of the Dean of Faculty will engage with them regarding their ability to work remotely, provide assistance with leave procedures if needed, coordinate with their supervisor, Dean, or department chair, and facilitate their return to work once they meet the conditions for release from self-isolation.

iv. **Clearance conditions to return to in-person University activities.** Once all sores have healed, scabs have fallen off, and a fresh layer of skin has formed, students (includes all undergraduate, graduate, WCL students) must schedule a clearance exam with the AU Student Health Center to confirm eligibility to return to in-person University activities. Faculty/staff must obtain a clearance letter from their healthcare provider to confirm eligibility to return to in-person University activities. Clearance letters should be sent to employeerelations@american.edu.

- d. Cooperate with the University and state and local government health officials as needed to assist in contact tracing cases that may occur within the AU community.
4. Individuals identified in Section A(1) and A(2) who have no symptoms but have been in close contact with someone who has tested positive for Monkeypox ("Close Contact"), are not required to self-quarantine. They may continue to engage in their normal activities but should monitor themselves for development of Monkeypox symptoms for twenty-one(21) days. If symptoms develop at any time in the twenty-one (21) days after exposure, the Close Contact must self-isolate immediately and comply with Section A(3)(c)(ii) of this Directive. Symptoms of Monkeypox may be found in the [CDC](#) or the [DC Department of Health](#) guidance and include rash/lesions, fever, chills, swollen lymph nodes, exhaustion, muscle aches and backache, headache, respiratory symptoms.
5. If complying with isolation requirements set forth in this Directive prevents any faculty or staff member from working because their presence on campus is required, such employees should contact employeerelations@american.edu. Employee Relations will consult with the staff or faculty member regarding available leave and related information, coordinate with the supervisor, Dean, or department chair, and facilitate return to work.

B. Enforcement

Failure to comply with this Health and Safety Directive constitutes misconduct that is actionable under the Student Conduct Code, the Staff Personnel Manual, and the Faculty Manual. Repeated violations by students may result in disciplinary action, up to and including removal from University housing without a refund, as well as suspension or dismissal from the University. Repeated violations by faculty and staff may result in disciplinary action, up to and including suspension or termination of employment. Any individual on University Property who fails to follow this Directive may be restricted from the premises.